



GUIDANCE AND INSIGHT

Sara, Psychic & Astrology Readings

Love Magic

by Sara



www.stargold.com.au



INSIGHT & GUIDANCE
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Sara, Psychic & Astrology Readings

Accurate psychic guidance and insight to empower and support you, giving peace of mind and clarity. Over 30 years experience helping people make positive choices, heal, be strong and lead happy and fulfilling lives.



Hi I'm Sara – a psychic and astrologer living and working in Hobart, Australia.

I have 30 years' experience giving accurate and informative readings combining practical advice with spiritual guidance and insight. I have helped thousands of people find peace and clarity and a positive way forward through the ups and downs of love, money, family and career – anything that life can send you.

I hope you enjoy this Love Magic guide and that it is helpful for you in finding your perfect love or healing your current relationship.

Member's Community

I'd love to invite you to my online Member's Community – Completely free and no spam ever! Many women are isolated in their interests in Astrology, Psychic Spirituality, positive living and more, so I have created this community as a safe and supportive space for women like you to get resources, meet others and share.

Completely free, when you sign up you will immediately receive a 20-page e-book 5 Ways to Develop Your Psychic Potential, a relaxation audio, and a link to sign up to my online members group where you can introduce yourself and start making new friends.

From then on you will receive my monthly Newsletter – exclusive to members only, plus my monthly psychic reading and weekly horoscopes straight to your inbox – never miss one again!

Sign up here: <https://www.stargold.com.au/maillinglist-landing-page>

Go to <https://www.stargold.com.au/email-psychic-readings> for more information or to book and pay.

Email Psychic and Astrology Readings

Are you worried, confused, don't know what to do next? Or are you faced with a choice between two directions, decisions, or paths? Is a relationship or loved one causing you anxiety and confusion, are you waiting for the right person or wondering if you should leave? Are you having issues with career or health, or do you just want some spiritual insight and guidance along your life path?

I offer my psychic and astrology readings by email giving insight and guidance into love, life path, health, family, and career, but I am happy to answer questions about anything which is concerning you.

My psychic readings are very useful for solutions and advice in the short to medium term, while an astrology reading is perfect for when you want to get to the bottom of major life themes and issues. Unlike my psychic readings which are better suited questions about specific issues or problems, astrology shows the whole life and the whole person.

Please go to www.stargold.com.au/email-psychic-readings for more information or to book and pay

Zoom Psychic and Astrology Readings

For those people who want a 'face to face' reading with me I offer zoom online psychic and astrology readings. No matter where you are in the world you can make an appointment and pay online securely through PayPal and then have a psychic or astrology face to face reading with me from the comfort and privacy of your own home.

I offer 30 minute and 1 hour psychic readings, 1 hour astrology readings and the 2-hour Premium reading where I combine Astrology and a psychic reading to give you 'The Works' – a deep dive into your life, past, present and future and anything you would like to know about.

You can record the readings and ask as many questions as you like during the appointment.

For more information or to book and pay please go to www.stargold.com.au/online-psychic-astrology-readings

Love and Money Magic

Magic has become more popular and easily available over the last few decades than at any other time in history. From magic love spells over the internet through to groups of ordinary people getting together to do 'workings', it has never been easier to learn how to do spells and rituals. While most people would never normally do these things, it may feel tempting if you are having a low moment brought about by loneliness, relationship or money worries, or just that it's 2am and you and your friends are drunk. There are dangers in this, as messing with these energies can have very serious unwanted repercussions. So, I thought I would give some basic guidelines for those who have been interested or tempted to give spells and rituals a go.



Black Magic - Don't do it!

Black magic is basically anything done with the intent to harm another. Crossing the free will of someone else is also a big no-no. The big rule is whatever you put out will be returned to you threefold or tenfold, depending on who you ask. Either way, if you put harm out to someone – even if they have wronged you – it will just come back to bite you badly in future. You don't have to like the person, just don't give into your darker side and hurt them.

A better way of handling someone who has hurt you is to imagine yourself surrounded by a white light of protection. Visualise this as being a mirror that reflects everything back to sender. So, for example, if someone has had an affair with your partner and caused chaos and heartbreak – reflect the hurt away from you and send it back to the person who caused it while the white light cleanses and restores you. The focus while you do this should not be on hurting the wrongdoer, it is about freeing yourself and returning their Karma to them.

While not many people would consider actually causing harm to someone (no matter what fantasies we may have in low moments) the temptation to cross the will of others is a bit more blurred.

For example, doing a spell to make someone fall in love with you, come back to you, or be what you want them to be, is black magic. Respect that everyone has their own destiny and right to choose their life – even if it isn't what you want for them or yourself. Also, things have a way of working out over time. What you desperately want now may not be what you want a year or even 6 months in the future. Everything changes and moves on, including your current situation. Focusing on yourself and putting your psychic energies into attracting love and good things into your life is a more positive approach.



White Magic

This is of course the nicer and more positive side of magic, although you still need to use caution. It is sometimes called 'natural magic' as it has traditional ties with paganism and nature worship. Another example of white magic is a prayer or meditation group that sends peace and healing to people in crisis. Although they might feel insulted at me calling what they do magic! For the most part though, white magic is focused on growth and positivity, working with the seasons and flow of the natural year.

At its core you could call white magic 'helping' magic. Although you still have to be careful that you are not crossing the free will and destiny of the person while you are helping them. We have all cringed at someone who is pushing people around 'for their own good', the same applies with magic too.

White magic has strong associations with women and female energy, mainly because most witches who practiced white magic were women. It also has ties with the Mother Goddess and nature religions.

Many people close any spell or ritual with the words "and harm it none" meaning that no harm will come to anyone as a result of your spell, keeping you and others safe.



The Magical Power of the Moon

The Moon is the closest planet to the Earth. Its energy and gravitational pull affects the tides, growth of plants, weather, and according to many - our moods and psychic energy.

Traditionally associated with women and the Great Mother Goddesses, the Moon has always been associated with women's rituals, fertility and magic. Many old time religions, modern day pagans, witches and spiritual people, use the Moon as a focus for their meditation, spells and rituals.

The main thing to know about the Moon is its phases. These go from the New Moon (no Moon visible in the sky) to Full Moon (the whole planet is visible) and then back to the New Moon again. While the Moon is going from New to Full it is called the Waxing Moon. This is the best time for doing all things associated with growth, like money spells, planting vegetables, anything which you want to get bigger and stronger. The next phase when less of the Moon is visible each night is called the Waning Moon. This is the best time for doing all things associated with endings and reduction, like ending bad habits like smoking, digging up weeds, ending a toxic relationship etc.

You can use any or all of the Moon's power when you need to tap into your intuition, to share or keep secrets, increase fertility, or develop your psychic ability.

Love Magic

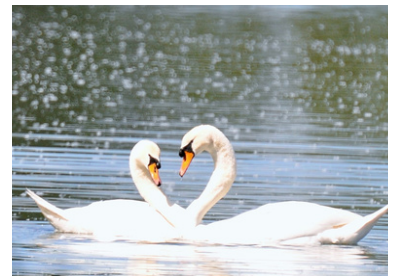
"Remember, we all stumble, every one of us. That's why it's a comfort to go hand in hand."

Emily Kimbrough

We seem to learn the most through our relationships, and the deeper the relationship, often the bigger the lessons. Many of my clients come to me for insight into their relationships and love – it seems that nothing else can take us to the blissful heights and terrible lows that love can. Here are some of the insights that I have learned over 30 years of psychic practice (and from making few big mistakes when younger – didn't we all!)

Like Attracts Like

This spiritual law goes back to the most ancient days and is still very relevant today. The theory is that all things of a similar spiritual vibration will be drawn to each other, and that each person we choose to have a relationship has the same level of strength, health and insecurity etc, even if it looks very different on the outside.



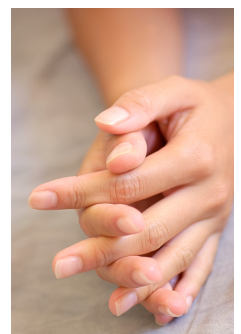
This is not to say that having a bad relationship is your fault – it isn't – especially abusive relationships. No one has the right to abuse anyone and the blame lies with the perpetrator as it is a criminal act.

However, bad relationships often act as a mirror and serve to show us what we don't want and where our own weaknesses lie. Too many times I've seen insecurity and poor self-worth making really amazing women put up with far too much from deadbeat men. However, over time the wisdom you gain from these relationships can be ultimately be used to make you better and stronger and wiser in love, bringing happiness in the future.

If you want to attract healthy, positive relationships into your life, the best thing you can do is work on yourself and becoming the strongest, happy, most confident 'you' possible. You will give off a much more positive vibration and will attract better, healthier relationships as a result. You will also be less likely to get caught up in unhealthy relationships because you will be strong enough to walk away, and confident enough to value the good life you have built for yourself.

Soul Mates

Over recent decades there has been a lot written and said about soul mates. There is often the concept that there is only one perfect person for you in the world who is just right. From experience I have come to believe that there are many soul mates who come into our lives, sometimes for very different reasons. Some soul mates act as the spark which starts a new way of life and a rebirth of the spirit and emotions.



But these people are not meant to stay in your life forever, and when the relationship has served its purpose it will end – often clearing the way for a better relationship. Of course, the perfect soul mate is the one who comes into your life and stays with you forever. This does happen to people of all ages and life stages – often when they are least expecting it. I have been lucky that it happened to me with my husband Brent.

It is true that having that spiritual and life connection with someone gives you the potential to have a 'perfect' relationship. But as anyone who has been in a committed long-term relationship knows, it is often the way we treat each other day to day that makes a partnership work or not.

Love Spells

For those who are single and looking for love, or those whose relationship is feeling a bit ragged and needs healing, here are some simple spells I've found to help you attract new love or heal an existing one.

Remember it is very bad Black Magic to try to force someone to fall in love with you or stay with you against their will. The healthy, White Magic, spiritual way is to focus on yourself and attracting healthy, happy love into your life.

Bringing New Love into Your Life Spell

You will need the following items for this spell:

- Jasmine Essential Oil
- 3 crystals – rose quartz is especially good
- 7 white candles (can be tea lights)
- 1 red candle



What to do.

Go into your bedroom and open your curtains. If it's warm enough, open your windows too and let the moonshine and breezes in.

Light the white candles and place them (safely) around your bedroom and make yourself comfortable on your bed, placing the unlit red candle on your bedside table. Hold the crystals in the hand you write with. Visualize yourself in love; love, given and received, enhancing your life. At this point, put a few drops of the jasmine oil on your heart and third eye.

Focus on the type of relationship you want, how you want to share your days and what type of feelings you wish to have. This is not about focusing on a specific person – it is about the loving energy and qualities you want to attract to you. Things like honesty, commitment, respect and love for example. Close your eyes and visualize yourself with love and happiness in your life.

Focus on the three crystals in your hand and imagine them filling with the positive love emotions you generate and your wish to attract love into your life. Then set the stones around your red candle. Light your candle and let it burn all the way down. As the candle slowly burns, the energy you charged the stones with is slowly released.

Attracting New Love Spell #2

You will need the following items for this spell:

- 1 red pen
- 1 sheet of paper
- 1 envelope
- Your perfume
- A red lipstick
- Some petals from your favourite flower
- and a red candle.



This spell is best performed on a Friday night or on a full moon.
What to do:

Write what you want in a lover on the paper, with your red pen.
Spray the paper with a little perfume and place in the envelope.
Now light the candle and hold the flower petals in you're right hand, visualize yourself happy and in love.

As you do this say aloud or to yourself:

*I call upon forces higher than I,
To Awaken the dream I hold inside,
Through this connection know my need,
I ask for loves enchantment with all speed,*

Blow the candle out.

Then drop the flower petals into the envelope. Seal the envelope then apply the red lipstick and kiss the envelope.

Sleep with the envelope under your pillow. If you want to break the spell later just open the envelope.

Spell for Healing and Existing Relationship

For this spell you will need:

- A white candle
- A pink candle
- A fireproof dish or bowl
- Matches or a lighter
- Pen and paper
- Two pieces of string



Spell Preparation

This spell requires about thirty minutes of prep work.

Begin by writing two letters. You can address them to the Universe or God or higher energies whatever you like. In the first letter, describe the problems in your relationship and your feelings about it. Remember no one will ever see this so be very honest and get it all off your chest.

Now, write a second letter about what is positive about your partner and relationship and how you would like things to improve. More communication, more affection, being more responsible etc. Focus on the positives and let yourself really go into how you would like things to be. Try to make this letter be least as long, or longer than your last letter.

Now you have done this, take a few minutes to calm and centre yourself. Meditation and deep relaxed breathing may help.

Performing the Relationship Healing Spell

Gather all your spell ingredients (including the letters you wrote). Now light your white candle – representing peace, cleansing and spirituality- and your pink candle – representing love and affection. Now take the first letter about all that is wrong and place it in the fireproof dish. Light it on fire, and while it burns, feel the negative energies in your marriage or relationship burning away with it. Recite the following words:

*Sacred flames, carry these energies away,
Let my relationship begin anew today.*

Take the second letter and the two pieces of string. Read through the letter again and take a few minutes to visualise you and your loved one happy and harmonious together. Now take the two pieces of string and tie them together to make one long piece of string. Make sure the knot is strong – it represents your bond with your loved one. Fold the paper four times, and wrap the string around it. As you do so, say:

*Heal our love, heal our hearts
Bring us together in harmony, love and peace
May the strength of our bond increase.*

Focus again on happiness between you and your partner, then bury the paper and string near a tree (try to find an apple tree as this represents love, but any tree will do).



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I hope you have enjoyed this guide to Love Magic and that it is useful for you. Check out my other freebies, horoscopes and psychic articles - and remember you can join my Member's Community as well all free of charge.

Love and Best Wishes

*Sara*_{xx}

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